

Applying Emerging Evidence in

Oral Contraceptive Practice

Wednesday, August 19, 2026

7:30 – 9:00 pm EST

This case-based virtual program will explore practical, evidence-based approaches to oral contraceptive selection, with a focus on patient-centered decision-making and emerging evidence related to estetrol (E4)-based therapies.

Session Objectives

- Identify common patient concerns and preferences related to oral contraceptive therapy.
- Assess the suitability of estetrol (E4)-based oral contraceptive therapy for different patient needs based on its unique pharmacological and safety profile.
- Apply patient-centered strategies to initiate or switch oral contraceptive therapies in common clinical scenarios.

Faculty



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