

# AN EVIDENCE-BASED APPROACH TO EARLY AND AGGRESSIVE LDL REDUCTION IN POST-MI PATIENTS

## BEST PRACTICES FORUM



**MONDAY, MARCH 29<sup>TH</sup> 2021**



**8:00 – 9:00 PM EST**

### DESCRIPTION:

This case-based discussion will focus on pragmatic approaches to incorporating lipid-lowering therapies into clinical practice in post-MI patients.

### AGENDA:

- 8:00 PM** Opening Comments  
Milan Gupta
- 8:04 PM** Post-MI case presentation  
Vivien Brown
- 8:12 PM** Secondary prevention and role of cardiac rehab  
post-MI - Sandeep Aggarwal
- 8:30 PM** Clinical/angiographic predictors of risk following MI  
Jean Grégoire
- 8:48 PM** The evidence for early and aggressive LDL lowering  
post-MI - Milan Gupta
- 9:06 PM** Case and general discussion  
Milan Gupta / Vivien Brown
- 9:26 PM** Closing comments  
Milan Gupta

### OUR SPEAKERS



**Dr. Milan Gupta,**  
Program Chair  
Cardiology,  
Brampton, ON



**Dr. Sandeep Aggarwal,**  
Cardiology,  
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**Dr. Vivien Brown,**  
Family Physician,  
Toronto, ON



**Dr. Jean Grégoire,**  
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