

# Sex and Lipids 2026

## Managing CV Risk in Women

**Wednesday, March 11, 2026**

**7:30 - 9:00 pm EDT**

**In recognition of International  
Women's Day 2026**

This case-based virtual program will explore practical, evidence-based strategies to manage cardiovascular risk in women, with a focus on lipids and the menopause transition.

### Session Objectives

- Apply gender-specific risk stratification strategies for managing dyslipidemia in women
- Manage lipid-lowering therapy for women in high risk primary and secondary prevention
- Discuss menopause transition and its impact on cardiovascular risk
- Review the role of menopausal therapy and its effects on cardiovascular risk



Register at:  
[www.ccrnmd.com](http://www.ccrnmd.com)

For program inquiries, contact:  
[info@ccrnmd.com](mailto:info@ccrnmd.com)

#### Faculty



**Tara Sedlak**  
**MD, FRCPC, MBA**

Cardiologist,  
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Associate Professor of Medicine,  
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#### Moderator



**Christine Palmay**  
**HBArtSci, MD, CCFP, FCFP**

Family Physician,  
Midtown Health & Wellness Clinic  
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