



Recorded Live

SATURDAY

 **April 26, 2025**

9:00 am – 1:00 pm EDT



Virtual Conference

**ON DEMAND**

# Minding Mental Health in Primary Care

## Conference Learning Objectives

- Effectively screen for and diagnose various mental health conditions
- Apply evidence-based treatment options
- Identify when to refer patients for specialist consultation and collaborate with an interdisciplinary team to provide optimal support for patients

## Agenda

Time	Topic	Faculty
9:00 – 9:25	Non-accredited Satellite Session	
9:25 – 9:32	Welcome and introduction	Margie Oakander
Session 1		
9:32 – 9:35	Session Introduction	Tom Janzen
9:35 – 9:55	Adult autism: Doc I think I'm on the spectrum!	Trevor Prior
9:55 – 10:15	The renaissance of psychedelics	Claudio Soares
10:15 – 10:35	Alzheimer's and cognitive impairment: Is there hope for a brighter future?	Kimberly Williams
10:35 – 11:05	Q&A	Tom Janzen
11:05 – 11:25	Break	
Session 2		
11:25 – 11:28	Session Introduction	Christine Palmay
11:28 – 12:08	Pills and skills for ADHD	Pratap Chokka & Margie Oakander
12:08 – 12:28	Sleep and its role in your mental health: Is sleep the most important symptom in mental health?	Atul Khullar
12:28 – 12:58	Q&A	Christine Palmay
12:58 – 1:00	Meeting Close	Margie Oakander

## Scientific Planning Committee:



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### CFPC Accreditation:

This activity has been certified by the College of Family Physicians of Canada for up to 3.0 Mainpro+® Certified Activity credits.

### AAFP Accreditation:

Members of the American Academy of Family Physicians are eligible to receive up to 3.0 prescribed credit hours for attendance at this event due to a reciprocal agreement with the College of Family Physicians of Canada.

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