

# OSTEOPOROSIS MANAGEMENT

Session Moderator

**Christine Palmay**

MD, CCFP, FCFP



## An Accredited Podcast Series

This series of four podcasts addresses primary care perspectives regarding the management of the patient suffering from chronic osteoporosis.

### Topics include:

- Osteoporosis assessment and screening; identification of high/very risk patients
- When to refer patients with osteoporosis to a specialist
- Osteoporosis treatments for high-risk patients
- The role of the family physician in driving outcomes in osteoporosis patients

### A call to action: Identifying patients at high risk for osteoporosis.

#### Learning objectives:

- Define the epidemiology of osteoporosis and explain the impact of fracture on QoL
- Identify appropriate screening and diagnosis testing
- Discuss guideline-based stratification of high-risk/very high-risk



Guest Speaker:  
**Jonathan D. Adachi**  
MD, FRCPC

Duration: 15 minutes  
Credits: 0.25 Mainpro+

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### When to call for help: When to refer patients with osteoporosis to a specialist

#### Learning objectives:

- Define high risk and very high-risk patients
- Describe the appropriate use of anabolic therapy
- Summarize the role of the primary care physician and when to refer to a specialist



Guest Speaker:  
**Aliya Khan**  
MD, FRCPC, FACP, FACE

Duration: 15 minutes  
Credits: 0.25 Mainpro+

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### Catch me if you can: Osteoporosis treatments for high-risk patients

#### Learning objectives:

- Explore the role of primary care physicians in the identification of high-risk patients
- Recognize the importance of long-term treatment
- Describe appropriate ongoing assessment and management of high-risk patients



Guest Speaker:  
**Akshay Jain**  
MD, FRCPC, FACE, CCD, ECNU, DABIM, DABOM

Duration: 15 minutes  
Credits: 0.25 Mainpro+

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### Talk to me, Doc: The role of the family physician in driving outcomes in osteoporosis patients

#### Learning objectives:

- Explain the importance of the family physician role for improving outcomes in the osteoporosis patient
- Describe examples of successes in managing osteoporosis patients
- Explore the role of shared care of the patient with osteoporosis



Guest Speaker:  
**Marla Shapiro**  
C.M., MDCM, CCFP, MHSc, FRCPC, FCFP, NCMP

Duration: 15 minutes  
Credits: 0.25 Mainpro+

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### Accreditation

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