

# CARDIOVASCULAR DISEASE IN SOUTH ASIANS CONFERENCE

## PARTNERING FOR A HEALTHIER FUTURE

Recorded  
Live on:

Wednesday, November 15, 2023  
Wednesday, November 22, 2023  
Time: 7:30 - 9:30 pm EST

### Description:

This program will equip participants to identify, evaluate and treat South Asian patients with, or at risk for cardiovascular disease.

### Agenda

#### Wednesday, November 15, 2023 - Session 1

##### Learning Objective:

- Explore the impact of racism experienced by Canadian South Asians in the healthcare system
- Describe the difference in appropriate risk assessment for South Asian patients
- Identify culturally appropriate assessment and management strategies for South Asians with dyslipidemia and/or diabetes

Time	Topic	Speaker
7:30 pm	Welcome	
7:40 pm	Racism, antiracism and health care in South Asians in Canada	Faisal Khosa
8:00 pm	How does risk assessment in South Asians differ from others?	Amrit Jhaji
8:20 pm	How to best manage diabetes in South Asians	Akshay Jain
8:40 pm	How to best assess and manage lipids in South Asians	Milan Gupta
9:00 pm	Roundtable Discussion	All Faculty
9:30 pm	Closing Comments	

This 1-credit-per-hour Group Learning program has been certified by the College of Family Physicians of Canada and the Ontario Chapter for up to 2.00 Mainpro+® credits

#### Wednesday, November 22, 2023 - Session 2

##### Learning Objectives:

- Identify culturally appropriate mental health and stress management strategies for South Asians
- Examine gender-specific cardiovascular risks and strategies to mitigate risk for female South Asians
- Explain new treatment options for managing chronic kidney disease or obesity

Time	Topic	Speaker
7:30 pm	Welcome	
7:40 pm	Mental health and stress management in South Asians	Vijay Seethapathy
8:00 pm	Primary care of SA women with GDM and PCOS.	Dr. Nisha Haroon
8:20 pm	Chronic kidney disease: new treatment options	Sumeet Suneja
8:40 pm	New frontiers in obesity management	Megha Poddar
9:00 pm	Roundtable Discussion	All Faculty
9:30 pm	Closing Comments	

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This program is hosted by SANSAR



OnDemand  
Webcast.

### Planning Committee:

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