FALL 2026

VIRTUAL

9th Annual

South Asian Cardiovascular Conference

Recorded Live:
October **21 & 28**, 2026

SACC Learning Objective

Identify, evaluate, and treat South Asian patients with and at risk for cardiovascular disease.

SACC Agenda

October 21/26 — Co-Chairs Milan Gupta and Martha Gulati

Time	Talk	Faculty
7:00 PM	**Welcome and Introductions**	
7:05 PM	Risk assessment in South Asians: risk scores, coronary calcium scoring, or alternative approaches?	Dinesh Kalra
7:23 PM	SANSAR/Burgundy Young Investigator Award	Manpreet Kaur
7:33 PM	What explains the excess cardiovascular disease (CVD) risk in South Asians?	Romit Bhattacharya
7:51 PM	Cardiovascular risk in South Asian women: screening for sex-specific risk factors	Martha Gulati
8:09 PM	Exercise and dietary recommendations for South Asians	Russell de Souza
8:27 PM	Q&A	
9:00 PM	**Closing Comments**	

October 28/26 — Co-Chairs Milan Gupta and Martha Gulati

Time	Talk	Faculty
7:00 PM	**Welcome and Introductions**	
7:10 PM	New and emerging data in lipid management	Milan Gupta
7:28pm	Cardio-kidney-metabolic disease in South Asians: advances in screening and treatment	Neha Pagidipati
7:46pm	GLP-1–based therapies for weight loss and beyond	Harpreet Bajaj
8:04pm	Heart failure prevention in South Asians: the new frontier	Kevin S.Shah
8:22pm	Q&A	
9:00 PM	**Closing Comments**	

Co-Chairs



Milan Gupta

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This program is hosted by SANSAR
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Collaborative CME and Research Network

For inquiries regarding this program,
please contact info@ccrnmd.com

9th Annual
South Asian Cardiovascular Conference

October
21 & 28, 2026
7:00 - 9:00 pm EDT

VIRTUAL

SACC Full Agenda

Session 1: Wednesday, October 21 (7:00 - 9:00 pm EDT) — Co-Chairs Milan Gupta and Martha Gulati

Time	Talk	Learning Objective	Faculty
7:00 PM	**Welcome and Introductions**		
7:05 PM	Risk assessment in South Asians: risk scores, coronary calcium scoring, or alternative approaches?	Evaluate cardiovascular risk assessment tools for South Asians, including traditional risk scores and coronary artery calcium scoring.	Dinesh Kalra
7:23 PM	SANSAR/Burgundy Young Investigator Award	Discuss recent research on the health of South Asian populations and the implications for clinical practice.	Manpreet Kaur
7:33 PM	What explains the excess cardiovascular disease (CVD) risk in South Asians?	Discuss the biological, genetic, metabolic, and environmental factors contributing to increased cardiovascular disease risk in South Asians.	Romit Bhattacharya
7:51 PM	Cardiovascular risk in South Asian women: screening for sex-specific risk factors	Identify sex-specific cardiovascular risk factors in South Asian women and discuss appropriate screening strategies.	Martha Gulati
8:09 PM	Exercise and dietary recommendations for South Asians	Describe culturally appropriate dietary and physical activity interventions to reduce cardiovascular risk in South Asians.	Russell de Souza
8:27 PM	Discussion		
9:00 PM	**Closing**		

Session 2: Wednesday, October 28 (7:00 - 9:00 pm EDT) — Co-Chairs Milan Gupta and Martha Gulati

Time	Talk	Learning Objective	Faculty
7:00 PM	**Welcome and Introductions**		
7:10 PM	New and emerging data in lipid management	Examine recent evidence and emerging lipid-lowering therapies and their application to cardiovascular risk reduction in South Asians.	Milan Gupta
7:28 PM	Cardio-kidney-metabolic disease in South Asians: advances in screening and treatment	Describe the relationship between cardiovascular, kidney, and metabolic disease in South Asians and review advances in screening and management.	Neha Pagidipati
7:46 PM	GLP-1–based therapies for weight loss and beyond	Summarize the role of GLP-1–based therapies in managing obesity, diabetes, and cardiovascular risk.	Harpreet Bajaj
8:04 PM	Heart failure prevention in South Asians: the new frontier	Identify strategies for early detection and prevention of heart failure in South Asians.	Kevin S. Shah
8:22 PM	Discussion		
9:00 PM	**Closing**		

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This program was developed by the Collaborative CME and Research Network

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