



SATURDAY  
**May 4, 2024**  
 9:00 am EDT – 3:00 pm EDT

Virtual Conference

ANNOUNCING CCRN's 1st Annual  
**Minding Mental Health in Primary Care**

**Conference Learning Objectives**

- Effectively screen for and diagnose various mental health conditions
- Apply evidence-based treatment options
- Identify when to refer patients for specialist consultation and collaborate with an interdisciplinary team to provide optimal support for patients

**Agenda**

**Faculty**

<b>9:00 A.M. Welcome and Introduction</b>		
<b>Session 1: Moderator – Dr. Margaret Oakander</b>		
9:05 A.M.	The impact of insomnia on mental health	Tom Janzen
9:25 A.M.	ADHD: A focus on the adult female	Sara Binder
9:50 A.M.	Managing Borderline Personality in the primary care setting: DBT strategies you can deploy	Amanda Berg
10:10 A.M.	<b>Q&amp;A</b>	ALL
<b>10:35 A.M. Refreshment break</b>		
<b>Session 2: Moderator – Dr. Christine Palmay</b>		
10:45 A.M.	Introduction	
10:50 A.M.	Recognizing and managing Bipolar Affective Disorder in primary care	Pratap Chokka
11:15 A.M.	MDD Guidelines updated! What's new in the management of MDD?	Raymond Lam
11:55 A.M.	<b>Q&amp;A</b>	ALL
<b>12:20 P.M. Lunch and Exhibit Hall Break</b>		
<b>Session 3: Moderator – Dr. Tom Janzen</b>		
1:00 P.M.	Introduction	
1:05 P.M.	Personalized mental health care: the role of generative AI	Norman Yee
1:25 P.M.	Shock therapy and magnets: understanding legacy and emerging neuromodulation strategies in mood disorders	Lisa Harpur
1:45 P.M.	Seeing more eating disorders these days? Tips to help your patients	Barry Simon
2:05 P.M.	<b>Q&amp;A</b>	ALL
<b>Session 4: Moderator – Dr. Jane Flynn</b>		
2:25 P.M.	Introduction	
2:30 P.M.	Pharmacogenomics in mental health care: Is it ready for primetime?	Sidney Kennedy
2:50 P.M.	<b>Q&amp;A</b>	ALL
<b>3:00 P.M. Meeting Close</b>		

**Scientific Planning Committee:**



**CHAIR**  
**MARGARET OAKANDER**  
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This 1-credit-per-hour Group Learning program has been certified by the College of Family Physicians of Canada and the Ontario Chapter for up to 5.0 Mainpro+ credits.

This program was developed by CCRN and has received financial support in the form of an educational grant from:

- Platinum:** Eisai, Lundbeck Canada Inc. / Otsuka Canada Pharmaceutical Inc.
- Silver:** Janssen



**Registration**

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 For inquiries regarding this program, please contact [info@ccrnmd.com](mailto:info@ccrnmd.com).

