

CARDIOVASCULAR DISEASE IN SOUTH ASIANS CONFERENCE

PARTNERING FOR A HEALTHIER FUTURE



Wednesday, October 27, 2021
Wednesday, November 3, 2021
 Time: 8:00 – 9:45 pm EST

Description:

This program will equip participants to identify, evaluate and treat South Asian patients with, and at risk for cardiovascular disease.

Agenda

Wednesday, October 27, 2021 - Session 1

Learning Objective:

- Identify cardiovascular risk factors and disease prevalence in Canadian South Asians.
- Explore culturally appropriate lifestyle modifications through diet and physical activity, as well as medical and surgical strategies for obesity management, to reduce cardiovascular risk.

Time	Talk Title	Speaker
8:00 pm	Opening Comments	Milan Gupta
8:05 pm	Presentation of the SANSAR/Burgundy Young Investigator Award	Salima Hemani and Greg Dowdall
8:15 pm	CV risk factors and disease prevalence amongst South Asians in Canada	Nadia Khan
8:30 pm	How to successfully modify diet in South Asians	Russel DeSouza
8:45 pm	How to successfully modify physical activity in South Asians	Scott Lear
9:00 pm	The role of drugs and bariatric surgery for obesity	David Lau
9:15 pm	Audience participation and discussion	All Faculty
9:40 pm	Session Close	

Accreditation: This Group Learning program has been certified by the College of Family Physicians of Canada and the Ontario Chapter for up to 1.50 Mainpro+ credits.

Wednesday, November 3, 2021 - Session 2

Learning Objectives:

- Apply a guideline-centric approach to cardiovascular risk management for primary and secondary prevention South Asian patients.
- Examine ethnic appropriate strategies for managing lipids, diabetes, CKD, antithrombotic therapy, and heart failure in the South Asian population.
- Summarize the cardiac and neurological complications of COVID in Ontario South Asians

Time	Talk Title	Speaker
8:00 pm	Opening Comments	Nadia Khan
8:05 pm	Applying the new lipid guidelines to South Asians	Milan Gupta
8:25 pm	Managing diabetes and CKD in South Asians	Harpreet Bajaj
8:45 pm	Antithrombotic and heart failure therapy	Narendra Singh
9:05 pm	COVID-19 among Ontario South Asians: cardiac and neurological complications	Joseph Chu
9:20 pm	Audience participation and discussion	All Faculty
9:45 pm	Session Close	

Accreditation: This Group Learning program has been certified by the College of Family Physicians of Canada and the Ontario Chapter for up to 1.75 Mainpro+ credits.

Accreditation: This Group Learning program has been certified by the College of Family Physicians of Canada and the Ontario Chapter for up to 3.25 Mainpro+ credits.



This program is hosted by SANSAR

This program was developed by the Canadian Collaborative Research Network and received an unrestricted educational grant from HLS Therapeutics, BMS-Pfizer Alliance, Bayer, Novo Nordisk.

For program inquiries, contact info@ccrnm.com



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